

How to Be SMART

I had to think about the Goal Setting Theory. Its components: Specific, Measurable, Attainable, Relevant and Tactically sound really made me want to think about other occasions that this theory would have been used practically. As a department manager in a huge corporation, I am accountable to my superiors, customers and my own department's employees.

We all make decisions everyday that effect other people on differing levels. I believe the inspiration for the Goal Setting Theory is teamwork and basic-human-respect. I believe that the people who make up an organization need direction that has the SMART qualities. In utilizing the components of this theory people get a better understanding of what is the expectations are. This theory makes good sense. After all, effective communication is specific and gives measurable data. If there is action involved as a result of the communication, the goals should be attainable and tactically sound out of respect for the other individual/individuals in order for it to be good for all involved.

I hope that as I progress in my career, with whatever company I hire on to or stay with that I can remember these tools of this course to help me make the best decisions. I know that sometimes in the workforce there is more competition than there is true teamwork. I believe that by acting within the principles of the SMART theory everyone can be a winner. Effective and successful teams and decision-making can be the result of smart thinking.